



Welcome to the newsletter of Sequoia Village, which serves members in Belmont, San Carlos, Redwood City, and Redwood Shores.



May/June 2016 Vol. 2 #3

## UPCOMING EVENTS

### Information Session

2<sup>nd</sup> Thursday of each month, 10-11:30am  
San Carlos Adult Community Center  
610 Chestnut St., San Carlos

### Information Session

4<sup>th</sup> Thursday of each month, 1-2pm  
Twin Pines Senior & Community Center  
20 Twin Pines Lane, Belmont

### Coffee Connection

Wednesday, May 25<sup>th</sup>, 10-11:30am  
Veterans Memorial Senior Center  
Gold Star Room  
1544 Madison Avenue, Redwood City

### San Carlos Volunteer Expo

Saturday May 7<sup>th</sup>, 9:30 – 12:30pm  
San Carlos Adult Community Center  
601 Chestnut Street, San Carlos

### Senior Day

Tuesday, June 14<sup>th</sup>  
San Mateo County Fair  
Free admission for 62+

## WELCOME GUPPY!



With great pleasure we welcome Guppy Ahluwalia to be the part-time Services Manager in the Redwood City SV office. Guppy is an experienced event planner who has worked with diverse audiences, and who says she thoroughly enjoys work with seniors.

Guppy has a gift for connecting with people, is a good listener, and is skilled in finding solutions to problems that may arise when members call the office.

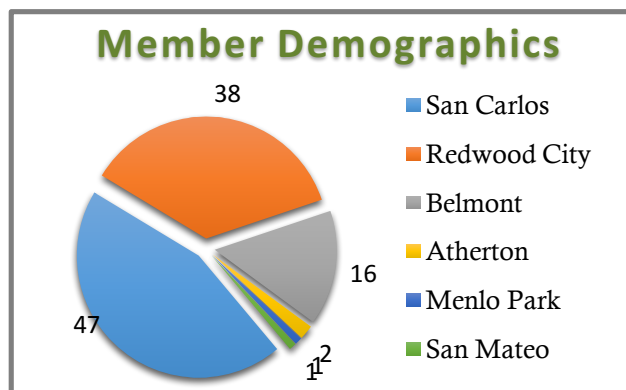
As we welcome Guppy into our Sequoia Village Community we want to give a special thanks to Jeannette Brown who oversaw the activity in our office with passion and love. Jeannette made certain that all of our member's needs were honored and met.

The mission of Sequoia Village is to enable its members to continue living in their homes and communities as they age by providing access to support services.

**DID YOU KNOW...** PG&E offers discounts on Gas and Electricity for residential single-family customers based on total gross annual household income through a program called CARE. Applications can be found online at: <http://www.pge.com/> or by calling: 1-866-743-2273.

## 2015 Annual Report

Sequoia village opened its virtual doors July 1 2015. By the end of the year 935 services had been delivered to 105 members by 78 smiling and passionate volunteers. We also developed additional services and programs that include home-safety-walkthroughs; running errands and doing chores, such as, grocery shopping, pet care, yard work and more. And on the fun side additional social events. On the right you can see where our members come from. To read the annual report in full, look on our website or call the office to have a copy mailed to your home.



## Grand Opening San Carlos Adult Community Center



On a breezy Friday morning, March 18th, San Carlans robustly cheered as Mayor Johnson cut the ribbon to reopen the Adult Community Center, 601 Chestnut Street. Months of renovation had transferred the normal activities to a local store front and the San Carlos Library, so it was with much anticipation that the community entered the doors to an enlarged, bright, airy, welcoming space where seniors can resume accessing services provided by the staff. Call or visit the center to learn about all the new and affordable programs offered to seniors.

## Save The Date: Sequoia Village Coffee Connection

To be held on Wednesday, May 25 from 10 am – 11:30 am located at the RWC Veterans Memorial Adult Community Center. The Topic will be “How MediCal Can Help Pay for Long Term Care” and “Who to Call When You Need Help Managing Your Finances.” The presentations will be given by Ms. Janet L. Tallett, Esq and Ms. Jenifer K. Gardella, Esq. both experts in Estate Planning, Trusts, and Probate Law.

R.S.V.P. by Monday, May 23 by calling the SV office or by email.

**The Village Buzz...** “Sequoia Village increased my sense of community and I find the members and volunteers involved are warm and wonderful! They help to increase my activity level”...Carol C.

SEQUOIA VILLAGE  
CHAIRS AND  
COMMITTEES

Sequoia Village Chairs

Scott McMullin  
Victoria Kline

Outreach Chair

Victoria Kline

Fundraising Chair

Vacant

Newsletter Chairs

Nancy Grandfield  
Nancy Winningham

Vendor Chair

Lisa Sharek

Volunteer/Service

Committee Chairs

Irene Liana  
Randi Kutnewsky

## LEAP, JUMP and HOP

Before joining Sequoia Village; I had no idea I would have so much FUN as a member. Then came the LEAP, JUMP and HOP Brunch event on February 28th. It was so nice to meet so many friendly people. I was introduced to other members, like me, who also felt the same way, who live alone and seldom go



out for entertainment. The volunteers were so warm and friendly and made certain that everyone got to know one another. There was a most delicious selection of food followed by a performance by Scott Dalley, vocalist and guitar player, who had all of us sing with him so many old favorite melodies. I went home happy and with some lovely memories. We are so lucky that we have Sequoia Village in the Bay Area where we can turn to when we feel lonely and are in need of help. What a bunch of lovely people who started the Village so that we can stay in our homes and live out our lives with the help of such caring and enthusiastic volunteers!

By Eva Beyer, Sequoia Village Member

## Does your iPhone outsmart you?

Is the iPhone screen too small to read? Would it help if the screen were magnified or the text could be read aloud? Have you learned to talk to Siri and make her your friend? Here are some of the many things iPhones and iPads offer – read your email, check the weather, find directions to an address, and have a video chat with someone in another country. Sequoia Village Volunteer, Ruth Tucker, who recently received training from Apple instructors, will offer training in the use of iPhones and iPads so you can utilize all those very smart features. Training can be for an individual or in a group.

Also, help is available with other smart phones, TV controllers and computers. Call the Concierge for an appointment at 650-260-4569.



Members become the voice of Sequoia Village by telling friends and neighbors about the many benefits they have received through membership, which include the feeling of safety, trust and peace of mind.

Please contact us for more information.

via email:

[infosequoiavillage@gmail.com](mailto:infosequoiavillage@gmail.com)

phone:

650-260-4569

or visit:

[www.sequoiavillage.org](http://www.sequoiavillage.org)

We are very grateful for the support from all our donors !

Sequoia Village  
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San Carlos, CA, 94070

Resident  
Address